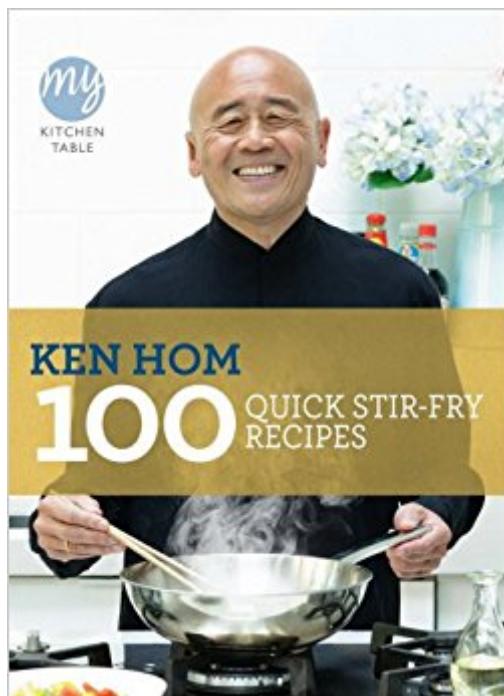


The book was found

100 Quick Stir-Fry Recipes (My Kitchen Table)



Synopsis

From light veggie meals to spicy beef or seafood, something for every occasion. Offering a broad range of recipes including curries and salads, modern and traditional, plus appetizers, snacks, and side dishes, this book offers an amazing selection of taste, ingredients, and style, all made in the wok. Recipes include Savory Beef with Asparagus, Rainbow Vegetables, Ginger and Garlic Carrots, and Sweetcorn and Crab Soup. Includes dual measurements.

Book Information

Series: My Kitchen Table (Book 16)

Paperback: 208 pages

Publisher: BBC Books; 1 edition (April 1, 2012)

Language: English

ISBN-10: 1849901473

ISBN-13: 978-1849901475

Product Dimensions: 5.3 x 0.5 x 7.3 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,173,719 in Books (See Top 100 in Books) #112 in Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #313 in Books > Cookbooks, Food & Wine > Asian Cooking > Chinese #1296 in Books > Cookbooks, Food & Wine > Celebrities & TV Shows

Customer Reviews

"It's not often that you find a collection of mini cookbooks that inspires you with so much confidence, but My Kitchen Table's series of 100 recipes by various chefs is a classy production." Sunday Telegraph Magazine

Ken Hom began his culinary career in his uncle's Chicago restaurant at the age of 11, before eventually moving on to teach at California's Culinary Academy. He now has 25 years' experience as a BBC television chef and has written more than 30 cookbooks, including Foolproof Chinese Cooking, Foolproof Thai Cooking, and Ken Hom's Quick Wok.

If there is not a good Chinese restaurant nearby, let Chef Ken Hom's easy recipes help you out. A trip to an Asian market for 8 - 10 items will take you thru most of the recipes. Pick up curries, hot

pepper, dried mushrooms, fish sauce....and stick to the recipes - they really are easy, and taste great. Hom's recipe for sesame noodles has floated around family and friends for years, so I finally got some of his cookbooks - sorry I waited so long.

Yes! This book is packed with recipes that are tasty, with ingredients easy to buy. They are not weird pieces of food, wondering where on earth I can find them. They are also inexpensive, making the meal affordable. Well worth the purchase.

the book is bit small /cheap ...the recipes are also very simple and for more of a novice cook ..for the price however ..not bad

The recipes are simple, the book is well edited. I highly recommend it. The only but is the list of ingredients, some of which are hard to find in my country. Overall, a good buy.

I wasn't expecting this to be a small cookbook -- a little more than 7"x5" but it's choc full of recipes, well, 100 as the title suggests. What I was really looking for was an Asian cookbook with delicious recipes that are easy to follow, with easy to obtain ingredients, and pictures of EVERY dish. This book delivers just that. He uses the British equivalent for some of the ingredients, e.g. mangetout for snap peas, aubergine for eggplant... but that's fine with me.

[Download to continue reading...](#)

Stir Fry: Top 50 Best Stir Fry Recipes Ã¢â€œ The Quick, Easy, & Delicious Everyday Cookbook!
Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation) (Volume 8) Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation Book 8) Stir Fry Recipes: 25 Easy Stir Fry Recipes for You to Make Your Lunch and Dinner Quickly! Rice or Noodles: Oriental Stir Fry Cookbook featuring 30 Mouth-watering Stir Fry Recipes Stir Fry 101: Over 25 Homemade Stir Fry Recipes to Feed the Family 100 Quick Stir-Fry Recipes (My Kitchen Table) Freeze, Heat and Fry Box Set (5 in 1): Cast Iron, Air Fryer, Asian Stir-Fry Recipes and Freezer Meals (Quick and Easy Recipes) Ken Hom's Top 100 Stir Fry Recipes: Quick and Easy Dishes for Every Occasion (BBC Books' Quick & Easy Cookery) Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese recipes ,...) (Unlock Cooking, Cookbook [#2]) Rice Cooker Recipes - Asian

Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium - (BONUS: Trader Joe's Ingredients Asian Style Recipes) Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese ... (Unlock Cooking, Cookbook [#2]) (Volume 2) Cook Yourself Slim: Nutritious, Delicious, Quick And Easy Stir Fry Recipes Gastric Sleeve Cookbook: QUICK and EASY → 40+ Bariatric-Friendly Salad, Soup, Stew, Vegetable Noodles, Grilling, Stir-Fry and Braising Recipes You Can ... (Effortless Bariatric Cookbook Series 6) Bringing Home the Seitan: 100 Protein-Packed, Plant-Based Recipes for Delicious "Wheat-Meat" Tacos, BBQ, Stir-Fry, Wings and More The Stir Fry Cookbook: 100 Fun and Fresh Recipes for the One-Stop Cook Stir-Fry (Williams-Sonoma Kitchen Library) 300 Best Stir-Fry Recipes The Healthy Wok Chinese Cookbook: Fresh Recipes to Sizzle, Steam, and Stir-Fry Restaurant Favorites at Home Fry it Like a Pro: Delicious Air Fryer Recipes to Fry Best American Oil-Less Meals for Everyday Cooking

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)